

Trinity Lutheran Church

Smithsburg, Maryland



February 2012
The Angelos

Trinity Evangelical Lutheran Church

Mission Statement:

To worship Jesus Christ and be inspired to respond in love to others.

Vision Statement:

To be the cultural and spiritual center of our community.



FROM THE PASTOR....

Dear Brothers and Sisters in Christ,

“Do you not know? Have you not heard?” Isaiah 40:21

We begin the month of February still celebrating the joy of the Epiphany! We begin the shortest month of the year with joy in our hearts and songs of praise still ringing through the rafters! When the prophet wrote these wonderful words, more than an eon before the birth of the Lord Jesus, they were words that hung heavy on the hearts of those who pondered them. The prophet spoke of the amazing and wonderful thing that God was about to do and it came to pass that it was just as the Lord our God had spoken! Jesus came into this world, and has been revealed as the Savior of all people! That is worth knowing, repeating and sharing.

This will be a month in which the church transitions from the exuberant joy of celebrating the epiphany of Jesus as Savior for the world into the introspection of Lent. We turn from the joyful celebration of what God has done for the world, and begin to consider our personal life of faith, and our relationship with the Lord. The ancient observance of Ash Wednesday goes back to the early church, and our practice of being marked on the forehead with ashes is a visible and tangible reminder for each of us that we come from dust and this life is fleeting.

What is not fleeting is the promise of Almighty God to save us from our sinful selves, and to make a place in His kingdom for those who truly love Him. The words of Isaiah give us reason to sing and to shout. Have you not seen? Have you not heard? Do you know how deeply God loves you? Have you taken that for granted, or have you decided to love the Lord in return?

Our Lenten journey will once again give us pause to consider how the Lord calls to us, speaks to us and invites us to more deeply understand what it is that His love means for us! The observance of the 40 Days will give us a chance to consider all that the Lord has done for us, and if there are areas of our lives in which we have not welcomed His participation fully. This year's Lenten midweek study will be called "The Sign of Jonah" and it will draw comparisons from Jonah's interactions with God to our own experience. I look forward to seeing all of you at church, as we worship, fellowship and learn throughout the coming month. There are plenty of opportunities at the Chocolate Festival, the Shrove Tuesday Pancake Supper, Ash Wednesday Worship and our first Lenten Mid-week Worship. Pray about them, mark your calendars, and then I will see you there!

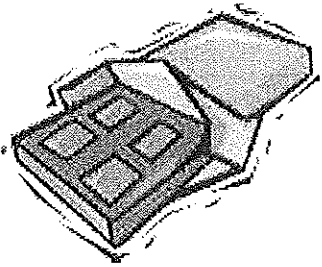
May the Lord continue His rich blessings upon our parish!

Pr. Cain

Chocolate Festival

Chocolate cookies, Chocolate brownies, Chocolate fountain, Chocolate candy, Chocolate cake, Chocolate milk, Chocolate, and more Chocolate!!!

Come join the fun as we just celebrate and enjoy chocolate on



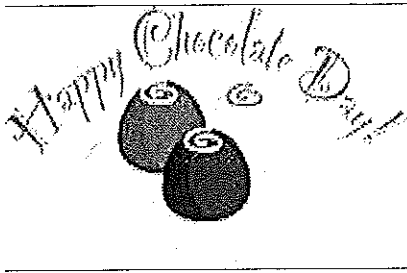
*Saturday, February 11, 2012
from 11:00am - 3:00pm
at Trinity Lutheran Church
16 N Main St. Smithsburg, MD.*

Silent auction items
Chocolate Fountain
Pie eating contest
Valentines crafts for children

Lunch menu
Cake Walk
Chocolate Cakes

The Chocolate creation: In the beginning, the Lord created chocolate, and he saw that it was good. Then he separated the light from the dark, and it was better.

The proceeds benefit the Trinity Lutheran Church Youth summer programs.



It's Chocolate Festival time!

This year the Chocolate Festival will be on February 11, 2012 from 11:00am to 3:00pm.

So tell your friends about this great event of fun! As always we will have great auction items, chocolate goodies, crafts, games, and lunch. You and your family can look forward to a fun time!

We need your help in providing chocolate cakes, cookies, and lunch items. If you can provide any items below, please let us know.

I will bake a chocolate cake_____

I will bake cookies or candy_____

I can make a basket to auction _____

I can donate tickets, coupons, vacation stays, bed and breakfast, services, or anything that we can auction off

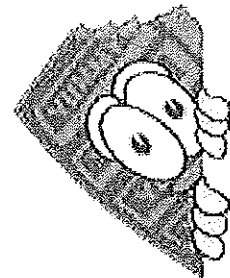
(Item: _____)

I can be a volunteer for two hours (we need lots of them)_____

Name: _____

Phone #: _____

Thank you for helping Trinity reach out to our community in this way and supporting our youth programs this year. If you have any questions, please contact Allison Conrey at 301-824-3588 or Rich Sneckenberger at 301-824-3359.





Assistance Is Needed For the Chocolate Festival (Saturday, February 11, 2012 11a.m.-3p.m.)

Food Donations and Additional Volunteers

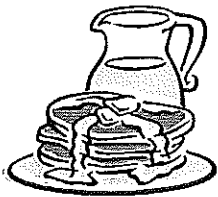
Donations of food are needed for the Chocolate Festival. We are in need of lunch items such as soup and sandwiches.

Also, additional volunteers are needed to assist throughout the Chocolate Festival.

If you can donate food items or volunteer your time, please contact Allison Conrey at 301-824-3359 or Rich Sneckenberger at 301-824-3359.

With your support the Chocolate Festival can be a huge success.
Thank you!

PARISH LIFE



Shrove Tuesday Pancake Supper – February 21st

It will be here before we know it – Shrove Tuesday!! We are looking forward to celebrating with a delicious Pancake Supper. We will have original, blueberry, and chocolate chip pancakes, sausage and bacon for dinner! This meal is always a BIG hit and definitely delicious!! Rich Sneckenberger and

Warren Johnson will be our “master chef’s” again this year – please contact Sara McCall if you would be able to help out with setting up, cooking, serving or cleaning up!

Wednesday Night Lenten Meals

Join us on Wednesday nights at 6:00pm before the Lenten services for a time of fellowship with your friends at Trinity, over soup and sandwich dinners. The meals will begin on February 29th. If your group would be willing to prepare and serve the soup and sandwiches one evening, please sign up in the Narthex.



Men's Retreat

Our men's retreat will be held Friday evening March 2 through Saturday, March 3. We will meet in the USS at 5:30 PM Friday evening for supper before going to Gettysburg Seminary's Singmaster House. The retreat will conclude approximately 8:00 PM on Saturday. Bed linens and towels are provided, and we will take food to prepare our Saturday meals. The cost is just \$45 each. This covers our reservation and individual fees, as well as curriculum materials. The theme will be "Crazy Love", based on the book by Francis Chang, by the same title.

We will balance our time in bible study with free time for socializing, relaxing, and getting to know our brothers at Trinity better. There are 18 single beds at Singmaster House. Let's fill them all. **Please join us!**

Questions? See Leigh Zahm.

Yes, Count me in! My \$45 is enclosed.

Make checks payable to "Trinity Lutheran Church" with "Men's Retreat" on the memo line.

Name _____ Phone _____

Email address _____

Please place this form in an envelope, and put it in the offering plate.

Deadline for registration: February 19, 2012

If you would like to attend but your budget is tight, do not let that be a hindrance. A scholarship, paying the cost of the weekend, is available and would be handled with the strictest of confidence. We want you to come. See Leigh Zahm

New Group Starting!

A new group is starting at Trinity for widows. The group will be meeting on the third Friday of each month. If you are a widow, a member of Trinity and you would like to join this group, please contact Sam Smith.

Trinity Lutheran Church Summary Financial Report

Year to Date as of 12/31/11

General Fund

| | Actual | Budget | Difference |
|----------|--------------|------------|------------|
| Revenues | \$197,087.34 | 189,700.00 | 7,387.34 |
| Expenses | 195,754.38 | 193,548.00 | -2,206.38 |
| Net | 1,332.96 | - 3,848.00 | 5,180.96 |

Attendance for November

| | |
|-------------------------------------|-----|
| Sun., December 4th: | 181 |
| Sun., December 11th: | 165 |
| Sat., December 17th: (contemporary) | 55 |
| Sat., December 18th: | 113 |
| Sun., December 24th (3:30): | 63 |
| (7:00): | 173 |
| (11:00): | 100 |
| Sun., December 25th: | 55 |

Faithful Attendance
In Sunday School for:



DECEMBER

Ms. Lisa: Michael, Nicolas, Jacqueline, Joseph, Vivian, Sara

Ms. Sue: Anthony, *Dana, Madison, Katie, Lillian, Sam,
*Kathleen, Cadence, *Jade, Gracie

Ms. Sherry/ Ms. Devon: Michael, *Mitchell, *Quinn,
Lynnae, *Kelton, Thomas, Abigail, Logan, Makayla, *Evan,
Sage

Ms. Jeanne / Ms. Wendy: *Hallie, *Shaylee, *Emmitt,
*Reed, Nolan, Anthony, Ainsleigh, Austin, *Carlee, Ryan,
David D., Logan B., David B.

Mr. Jason / Ms. Ann: Sydney, Olivia, *Lucy, *Jenna,
Cameron G., Oliva H., Sean, Logan R., Cameron S.

Ladies Retreat Follow-Up

The ladies who attended the retreat in November will be finishing their study of Real Women, Real Faith on Wednesday evening, February 15, 2012. This study is not dependent on previous material covered at the retreat. We will look at the life and actions of Leah and Hannah from the Old Testament. **All women are invited to join us** in the USS at 6:30 PM on those evenings for fellowship and learning.

SACA Lenten Services

Once again the Smithsburg Area Church Association will be holding weekday worship services during the season of Lent leading up to Holy Week. The services will be held on Tuesday afternoons beginning at 12:00 noon.

Refreshments will follow the service, but you are also encouraged to bring along with you a bagged lunch or sandwich to go along with whatever refreshments are served.

This year, the services will be held at a different church each week. Here is a listing of the area churches and their clergy who will be participating:

February 28: Rev. Carol Hallman (Christ Reformed UCC in Cavetown)

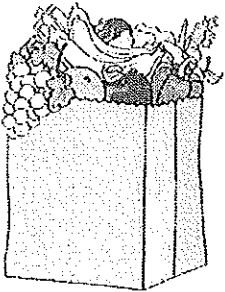
March 6: Rev. Carlos Rasado (The Vine in Smithsburg)

March 13: Rev. Terry Culler (St. Paul's Free Lutheran Church in Leitersburg)

March 20: Rev. William Warehime (Bethel UMC in Chewsville)

March 27: Rev. Mike Manthos (Welty Church of the Brethren)

All are welcome!



Donations Needed:

The Christian Education Committee is coordinating food for the Men's Retreat on March 2-3, 2012. We are seeking money for groceries, prepared main dishes, side dishes and desserts for the retreat. Please contact Pat Martin, Susie Fisher, or Jeanne Wallace. Your help is appreciated.

February 2012

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|--|----------------------------------|-------------------------------------|
| | | | 1 6:30 Parish Life Ministry - PH 7:00 Adult Bible Study (Hembrock) - PH | 2 6:30 Stewardship Ministry - PH 7:00 Adult Choir | 3 9:00 a.m. Quilting Fellowship | 4 |
| 5 8:00 Worship 10:30 Worship 6:00 Confirmation Class - PH 6:00 Children's Choir | 6 6:30 Christian Ed. Ministry - PH | 7 7:00 PM SACA Meeting - PH | 8 Girl Scouts (Scrivener Troop) - USS 7:00 Council Meeting - PH | 9 6:00 Girl Scouts (Scott/Taber Troop) - USS 7:00 Adult Choir | 10 9:00 a.m. Quilting Fellowship | 11 11a.m.-3 p.m. Chocolate Festival |
| 12 8:00 Worship 10:30 Worship 6:00 Confirmation Class - PH 6:00 Children's Choir | 13 6:30 Girl Scouts (Gearhart Troop) - USS | 14 5:30 Cub Scouts #108 (S. Johnson) - USS | 15 7:00 Adult Bible Study (Hembrock) - PH | 16 7:00 Adult Choir | 17 9:00 a.m. Quilting Fellowship | 18 Divine Deliveries |
| 19 8:00 Worship 10:30 Worship 6:00 Confirmation Class - PH 6:00 Children's Choir | 20 12:00 Sunshine Leisure Club - USS | 21 PANCAKE SUPPER | 22 ASH WEDNESDAY 12:00 Homemakers Club @ Library 6:30 Girl Scouts (Scrivener Troop) USS | 23 6:00 Girl Scouts (Scott/Taber Troop) USS 7:00 Adult Choir | 24 9:00 a.m. Quilting Fellowship | 25 |
| 26 8:00 Worship 10:30 Worship 6:00 Confirmation Class - PH 6:00 Children's Choir | 27 6:30 Girl Scouts (Gearhart Troop) USS | 28 5:30 Cub Scouts #108 (S. Johnson) - USS Lenten Worship - SACA @ Christ UCC, Cavetown | 29 6:00 Lenten Meal - USS 7:00 Lenten Worship | | | |

Daily Devotions / February 2012

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|--|--|---|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 ASH WED. God's loving message has always been, "It's never too late to change." <i>Joel 2:12:18</i> | 23 One Thing is Certain All people, even Christ, have suffered in life, but life does not end there. <i>Luke 9:22-25</i> | 24 Daily Bread We need not fast from hearing God's Word or speaking his truth to the world. <i>Isaiah 58:1-9</i> | 25 Leave it Behind When Jesus calls you by name, you don't need anything to follow him. <i>Luke 5:27-32</i> |
| 26 Divine Archer God's rainbow bounds through the sky, promising salvation for all. <i>Genesis 9:8-15</i> | 27 Rules of the Road The Commandments keep us together in trust and service on our way. <i>Leviticus 19:1-18</i> | 28 How to Pray When you pray this Lent, reflect on what you will say, not how you will say it. <i>Matthew 6:7-15</i> | 29 One Day One Word, one death, is enough witness to God's redemption of the world. <i>Jonah 3:1-10</i> | | | |



News from Trinity Learning Center

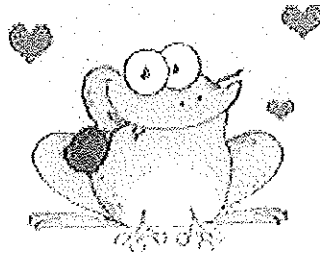
January has been a fun month, but February will be even better! This month we will be learning about the Post Office, Emotions, Love & Kindness, and the Presidents. Our Bible stories will teach us about telling the truth, keeping promises, following instructions, and working hard.

We look forward to the Chocolate Festival and singing a song there. We are also excited to celebrate our Valentine's Day Parties together with our friends this month!

Thanks to everyone who came out to support Trinity Learning Center at our "Family Days at the Dixie Eatery" in January. We all had a great time and appreciate the Dixie for helping our school!

Kelli Kittel
Director

Happy Valentines Day!



SAVE THIS DATE:

An activity and light supper is planned for Sunday, February 26, 2012 in the USS for **mentors and second year confirmands**. We will meet at 4:30 PM for board games and supper about 5:15 PM. Please bring your favorite board game or card game.

A Message of Thanks:

(From a Giving Tree Family)

“We would like to thank everyone for helping our family have a wonderful Christmas. The kids loved everything they received. We’re so grateful for your help. Your kindness means so much and will never be forgotten.

WANTED:

A/V Volunteers

If you’re interested in operating or learning how to operate the Church’s Audio Visual equipment, please see Jeff Berk.

Digital Pictures and Movies of Church Events

With our new PC’s we have plenty of room to build a repository. If you have any pictures or videos on a CD or a smart card, please see Jeff Berk so we can down load them. Your media will be returned.



Health and Wellness

Each February many of us celebrate Valentines Day. We think of hearts, flowers and chocolate. All of this makes us think of love. Recently, I read some research conducted by the National Institutes of Health (NIH) on **The Power of Love**.

New studies have shown that hugs and cuddles have long-term effects. How often do you hug? Do you like to sit close and hold each other's hand? The research shows that it is good for your health. Between loving couples, between parents and children or even between close friends, physical affection can help the brain, the heart and other body systems that you might never have imagined.

For centuries, artists have examined love through poetry, painting, music and countless other arts, in the past few years, scientists supported by NIH have begun to understand the chemistry and biology of love.

At the center of how our bodies' respond to love and affection is a hormone called oxytocin. Most of our oxytocin is made in the area of the brain called the hypothalamus. Some is released into our bloodstream, but much of its effect is thought to reside in the brain.

Oxytocin makes us feel good when we're close to family and other loved ones, including pets. It does this by acting through what scientists call "the dopamine reward system". Dopamine is a brain chemical that plays a crucial part in how we perceive pleasure. Many drugs of abuse act through this system. Problems with the system can lead to serious depression and other mental illnesses.

Oxytocin does more than make us feel good. It lowers the levels of stress hormones in the body, reduces blood pressure, improves mood, and increases tolerance of pain and perhaps even speeds up wound healing. It also seems to play an important role in our relationships. It has been linked to how we trust others.

With all the research that has been done, researchers can say with certainty that physical contact affects oxytocin levels. People who get lots of hugs and other warm contact at home tend to have the highest levels of oxytocin in the laboratory. Frequent warm contact may somehow prime the oxytocin system and make it turn on when ever there is warm contact.

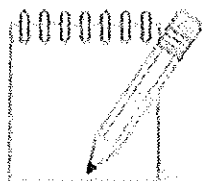
We may not yet fully understand how love and affection develop between people –or how love affects our health.—but research is giving us some guidance. Give those you love all the affection you can. It can't hurt and it may bring a bounty of health benefits.

February 2012

Julianne F. Harp, RN, MSN

Parish Nurse

ANGELOS SUBMISSIONS:



If you would like to have an announcement placed in the March Angelos, please be sure to have your information submitted to the Church office no later than **February 15th**. Thank you.

Server Schedule

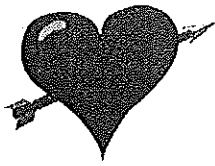
If anyone would like to be added to or removed from the Sunday Server list for April through July, please contact Linda Stayer no later than February 10th

World Vision Sponsored Children

Angelica and Kutubul are two children who are sponsored by Trinity's children's Sunday School, Nursery class through Grade 12. Angelica lives with her grandparents and one brother in a rural community in the Philippines. She is 13 years old. Kutubul will soon be 14. He and his sister live with their parents in a rural farming community in Bangladesh. The offerings that our children send to World Vision help Angelica and Kutubul stay in school and help their families and communities with much needed health and economic help and training. Last year our offerings fell a little short of the amount needed to support these children. If you can give your child an extra dollar to put in their Sunday School offering in the next week or two, it would be greatly appreciated.

From Trinity Learning Center...

We still have openings in both our Three and Four Year Old programs, and would love to have anyone visit our school that might be interested. A new offering for this year also includes Monday through Friday options for the Four Year Old program in both the morning and afternoon time slots! Please spread the word about our caring, Christian, educational pre-school program! Feel free to contact us at 301-824-6567 Monday - Friday 8:15 a.m. - 2:15 p.m.



SERVER SCHEDULE: FEBRUARY



| Who's Serving | | February 5 | February 12 | February 19 | February 26 |
|--------------------|-------|---------------------------------|-------------------------------|--------------------------------|----------------------------------|
| Commun. Assistants | 8:00 | Marilyn Hembrock | Maggie Flores | David Young | Dick Hembrock |
| Commun. Assistants | 10:30 | Susie Naylor | Becky Herman Smith | Susie Fisher | Linda Hessong |
| Flowers | | Fisher | Sandy Kline | | |
| Lesson Readers | 8:00 | Bill Hottinger | David Young | Lois Starliper | Cheryl Weatherly |
| | 10:30 | Kim Burns | Cindy Scott | John Hammond | Jason Snyder |
| Acolyte | 8:00 | Emma Gerhold | Sarah Stayer | JoAnn Brown | Emma Zahm |
| Acolyte | 10:30 | Cameron Snyder | Karen Pastwa | Sydney Scott | Sarah Winters |
| Crucifer | 8:00 | Allen Reynolds | Justin Martin | Justus Brown | Fiona Zahm |
| Crucifer | 10:30 | Josie Snyder | Daniel Pastwa | Kyle Hammond | Kelsey Winters |
| Nursery | 9:10 | | | | |
| Nursery | 10:30 | Lisa Hensley | Jason & Sue Snyder | Jim Bullock | Julie Hammond |
| Greeters | 8:00 | Gerhold Family | Jeff & Becky Goldstein | David & Dorene Young | David Young |
| | 10:30 | Kieffer Family | Linda Hessong | Pat Martin | Winters Family |
| Head Usher | 8:00 | Rick Reynolds | Harry Reynolds | Warren Johnson | Mike Stouffer |
| | 10:30 | Kent Reynolds | Rich Sneckenberger | John Hammond | John Kieffer |
| Counter's | | Kent Reynolds Mary Lou Smith | Vic Martin Cindi Hull | Susie Fisher Steve Reynolds | Wayne Weatherly Kent Reynolds |
| Children's Church | | Allison Conrey Emma Conrey | Allison Conrey Emma Conrey | Allison Conrey Emma Conrey | Allison Conrey Emma Conrey |



HEAR OUR PRAYERS....

Let us pray for our family, friends and loved ones and
for those who are sick or hurting....

Members of our military, especially our troops in the Middle East who continue to defend our country and freedom:

| | | |
|---------------------|---------------------|-----------------|
| John Hottinger, Jr. | Nadine Wendt | Bryan Senz |
| Dennis Patterson | Daniel Watson | Matthew Fairall |
| Joey Gardenhour | Susan Gardenhour | Cody Andrews |
| Brian Cook | Kenny Kelly | Eric Windsor |
| Cameron Meadows | Andrew Ryan Johnson | Austin Barkdoll |
| Arlan Strand | Josh Kolenda | Charles Lyons |

Those who are home bound or in nursing care facilities:

| | | |
|-------------------|----------------------------|----------------------|
| Ellen Toms | Lloyd & Lois Hanlin | Maude Kent |
| Dick & Pat Martin | Lynn Ellzey | Pearl Bowers |
| Garland Lung | Richard & Gertrude McGowan | Lettie Cartzendafner |
| Eva Gaver | | |

Those who need healing and comfort:

| | | |
|-----------------------|--------------------------|------------------|
| Sandra Needy | Betty Carter | Keith Sunde |
| Debbie Kindle | Jane Patterson | Linda Frazer |
| Bill Moore | Edward Pencek | Fisher Heck |
| Jared Cole | Russell Teel | Ronnie Tibbs |
| Donald Del Balzo, Jr. | Doug Pryor | Ruthie Heinz |
| Tommy Walsh | Marie Moore | Pam Mackley |
| Angela Kearns | Charlie Thomas | Lena Mae Dulling |
| Mary Sisbee | Ida Mae Pepple | Kelly Bell |
| Mary Sierzega | JR Bothell | Claudia Brandes |
| Jen Watkins | Jerry & Doris Richardson | John Bear |
| Doug & Kathy Grove | The Sine Family | Dorothy Stouffer |
| Donald Reese | | |

Those recently hospitalized for illness or surgery, those awaiting upcoming surgery and those recovering from recent hospitalization or surgery:

| | | |
|----------------|-------------------|----------------|
| Matthew Branch | Scott Bloyer | Lois Short |
| Josh Snyder | Melinda Killmeier | Lizzie Johnson |
| Keith Orrison | Susan Holle | |

Those who are grieving the loss of loved ones:

| | |
|---------------------------------|----------------------------|
| The family of Margaret Anderson | The family of Ida Hamilton |
| The family of Mike Kuchera | |



HAPPY BIRTHDAY

02/01 Karen Pastwa
 02/02 JoAnn Brown
 02/03 Danielle Berk
 02/04 Mike Scott
 02/05 Susie Fisher
 Nina Rejonis
 02/06 Emma Gerhold
 Jody O'Brien
 02/08 Bob Geiser
 Reed Conrey
 02/09 Jim Bullock
 02/10 John Kieffer
 Diann Metzger
 Samantha Rejonis-Davis
 02/11 Justine Wallace
 02/12 Patricia Gardenhour
 02/13 Valerie Zapiec
 02/16 Jason Geraci
 02/18 Carrie Dayhoff
 02/19 Ellen Toms
 Brandon Fisher
 02/20 Stephenie Happel
 02/21 Richard McGowan
 Bea Hessong
 Erin Johnson
 Emma Conrey
 02/22 Susan Kershner
 02/23 Diane Wenthe
 02/24 Eileen Trueblood
 02/27 Jamie Kieffer
 Lynnae Snyder



HAPPY ANNIVERSARY

| | |
|------------|------------------------------|
| 02/07/ | Keith & Ruthie Bell |
| 02/20/1993 | Matthew & Dawn Gardenhour |
| 02/27/1971 | Wayne & Pat Bachtell |

BAPTISMAL BIRTHDAYS

| | |
|------------|-------------------|
| 02/??/1969 | Susan Kershner |
| 02/09/2003 | Marleigh Toscano |
| 02/10/2008 | Cole Mastin |
| 02/12/2006 | Madison Hammersla |
| 02/14/1993 | Crystal Gaines |
| 02/14/1993 | Nichole Gaines |
| 02/17/2008 | Chase Pack |
| 02/21/1948 | Donald Harding |